

## **Kaleidoscope** MA Degree Show Birmingham School of Art Birmingham City University 31st August — 3rd September 2023

**Iram Iqbal** MA Arts and Education Practices
Revitalizing Academia: Biophilic Interventions for Wellbeing

In my work I acknowledge the positive effects of frequent interaction with nature on the psychological wellbeing of others. I seek to make spaces for individuals to consciously or unconsciously heal in the process of using and interacting with them.

Recent work has been developed through interviews with staff and students at Birmingham School of Art that explore the concept of Biophilia and propose intervention of elements and principles of biophilic designs in university campuses. Furthermore, the lived experience of Birmingham School of Art is taken as a case study, to understand the interior spaces in relation to nature elements and their effect on people using them.

@rehmahiqbal100

