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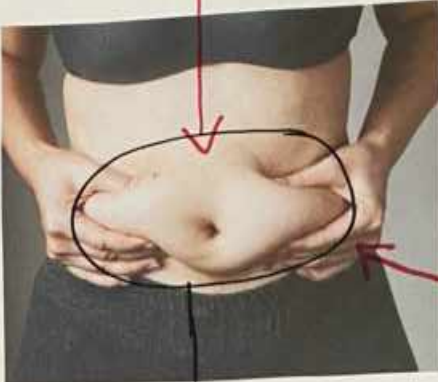
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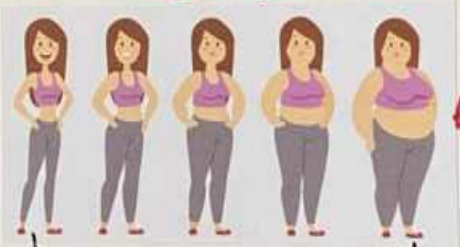
BEAUTIFUL ♡





Stretch Marks



Belly Fat



Different Shapes and sizes





Spots, blemishes, acne, Scars


BEAUTIFUL ♡

BEAUTIFUL ♡

BEAUTIFUL ♡




Underarm hair + Leg hair




BEAUTIFUL


BEAUTIFUL ♡



Double chin ♡



Little + Big Lips



BEAUTIFUL ♡

BEAUTIFUL ♡

BEAUTIFUL ♡

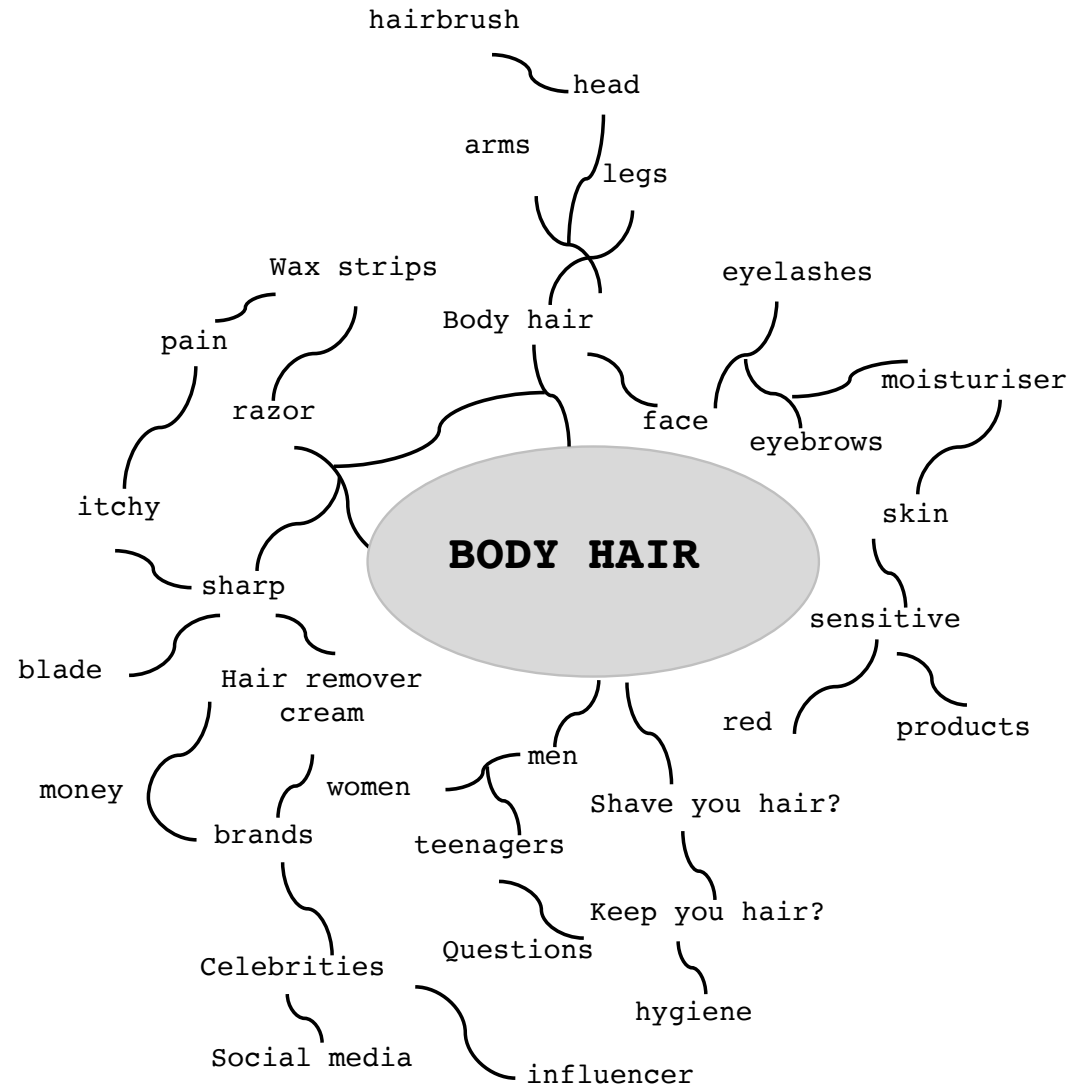
BELLY FAT
STRETCH MARKS

hair

SKIN

BLEMISHES

DOUBLE CHIN





Unloved!

HE—"That lady has a mustache!"

SHE—"How embarrassing!"

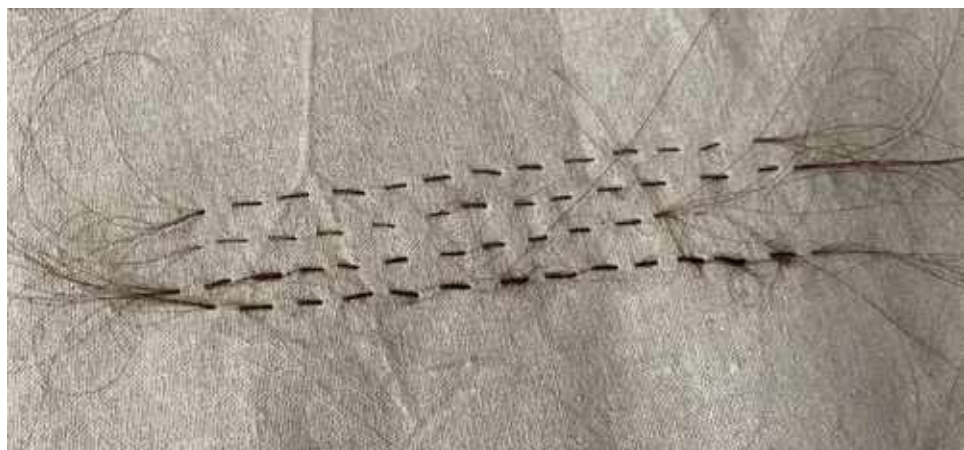
HE—"Why doesn't she shave?"

SHE—"I know a better way to treat

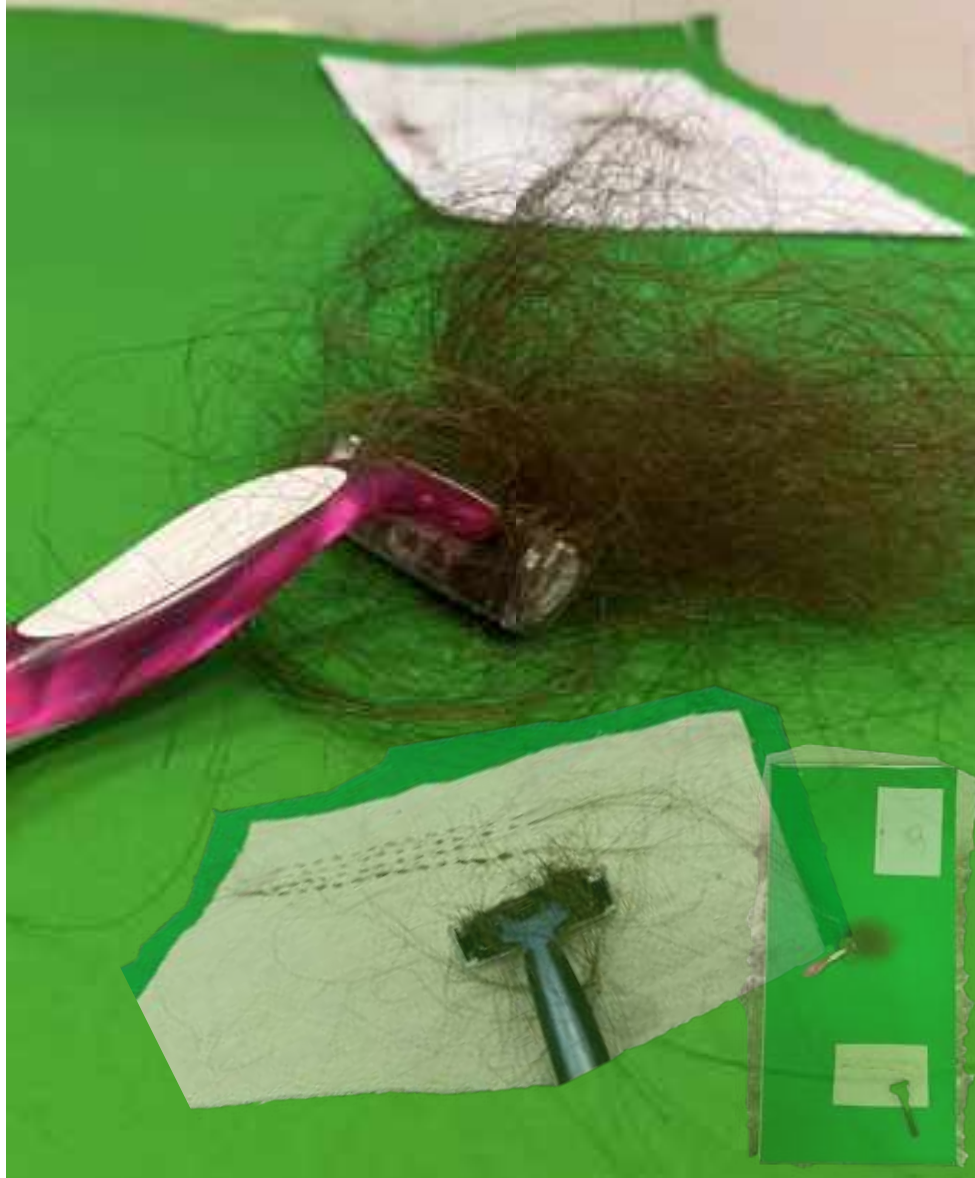
that case—listen—I'll tell you a secret—for some years I had a difficult problem of ugly, superfluous hair on face and limbs. I was discouraged—unloved. Tried many different products, but nothing was really satisfactory. Then I developed a simple, painless, inexpensive method—It worked, and brought me happiness."

I have helped thousands seeking a more pleasing appearance free of that ugly, noticeable, unwanted hair. My FREE book, "How to Overcome the Superfluous Hair Problem," explains the method and proves actual success. Mailed in plain envelope. Also trial offer—no obligation. Write Mme. ANNETTE LANZETTE, P. O. Box 4040, Merchandise Mart, Dept. 201, Chicago, Ill.

Women's
body hair
does not
deserve
judgment



NIGHT SCHOOL



16



CENTRALA

17

Hatoum uses everyday objects and personal items exploring the effects of alienation.

For her work, Hatoum collects strands of her own hair and meticulously forms delicate patterns and formations.

Hatoum creates her patterns through using a knitting loom and also using the hair as a thread.

MONA



HATOUM

MARK QUINN



Quinn explores "what it is to be human in the world today" looking at topics exploring genetics, environment, identity, body and the media. He uses his own self portraits and his own body to cast models of his face within a frozen silicone. He created these pieces using ten pints of his own blood, each taking five years to make. Quinn's sculptures represent passing time and Quinn's ageing and changing self.







30,000 B.C.



1400



1915



1972

26



1994



1997



1999



2008



2010



2013



27

2015



2016



2017



2018





Pairs her
sequins
with unshaven
armpits.

1999



She rocked
the armpit
hair.

20 years apart

2021

ELLE

magazine

'The more we embrace who we are
as people and rely less on our physical
attributes, the more empowered we become.
Beauty shouldn't be so easily defined.
It is limitless.'

(Cara Delevingne, 2017)



Embracing grey hair
even when others said
not to.





SIMONE *de* BEAUVOIR
the **SECOND SEX**

A NEW TRANSLATION *by*
CONSTANCE BORDE *and* SHEILA MALOVANY-CHEVALLIER

VINTAGE

inspires. That hand that moves her, that glance that excites her, they are an appeal, an invitation; her body seems endowed with magic virtues; it is a treasure, a weapon; she is proud of it. Her coquetry, which often has disappeared during her years of childhood autonomy, is revived. She tries makeup, hairstyles; instead of hiding her breasts, she massages them to make them bigger; she studies her smile in the mirror. The link is so tight between arousal and seduction that in all cases where erotic sensibility lies dormant, no desire to please is observed in the subject. Experiments have shown that patients suffering from a thyroid deficiency, and thus apathetic and sullen, can be transformed by an injection of glandular extracts: they begin to smile; they become gay and simpering. Psychologists imbued with materialistic metaphysics have boldly declared flirtatiousness an "instinct" secreted by the thyroid gland; but this obscure explanation is no more valid here than for early childhood. The fact is that in all cases of organic deficiency—lymphatism, anemia, and such—the body is endured as a burden; foreign, hostile, it neither hopes for nor promises anything; when it recovers its equilibrium and vitality, the subject at once recognizes it as his, and through it he transcends toward others.

For the girl, erotic transcendence consists in making herself prey in order to make a catch. She becomes an object; and she grasps herself as object; she is surprised to discover this new aspect of her being: it seems to her that she has been doubled; instead of coinciding exactly with her self, here she is existing *outside* of her self. Thus in Rosamond Lehmann's *Invitation to the Waltz*, Olivia discovers an unknown face in the mirror: it is she-object suddenly rising up opposite herself; she experiences a quickly fading but upsetting emotion:

Nowadays a peculiar emotion accompanied the moment of looking in the mirror: fitfully, rarely a stranger might emerge: a new self.

It had happened two or three times already ... She looked in the glass and saw herself ... Well, what was it?... But this was something else. This was a mysterious face; both dark and glowing; hair tumbling down, pushed back and upwards, as if in currents of fierce energy. Was it the frock that did it? Her body



Flawless skin

shaped eyebrows

bronzer

fake eyelashes

2020

bold lips

texture

mascara

natural



34

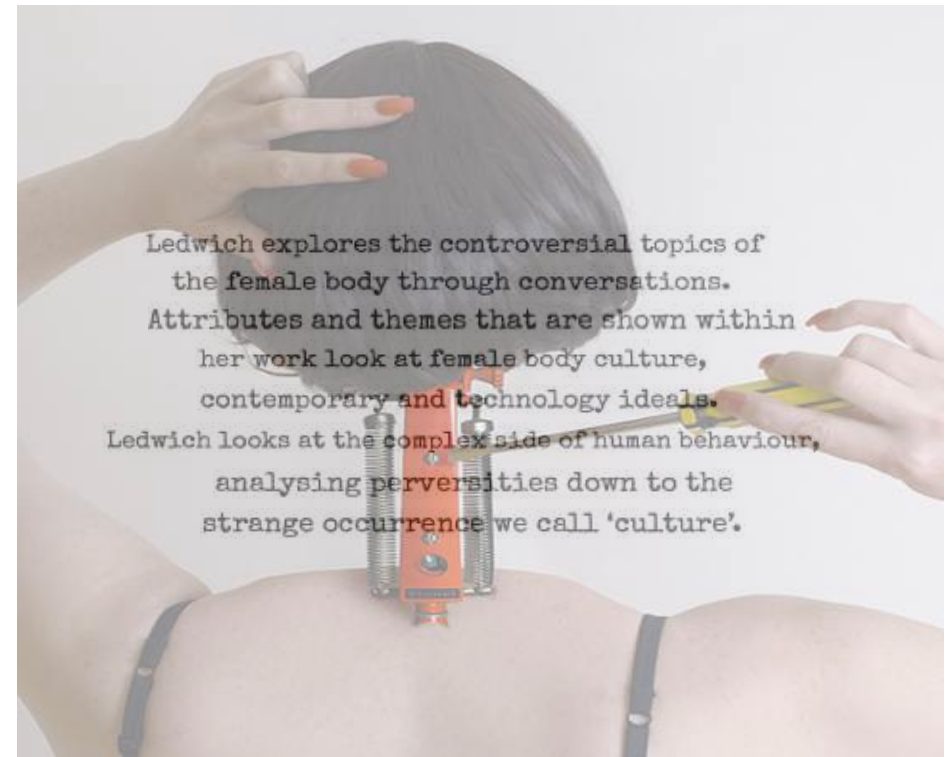
1950s



we shall be different

and we shall love our bodies

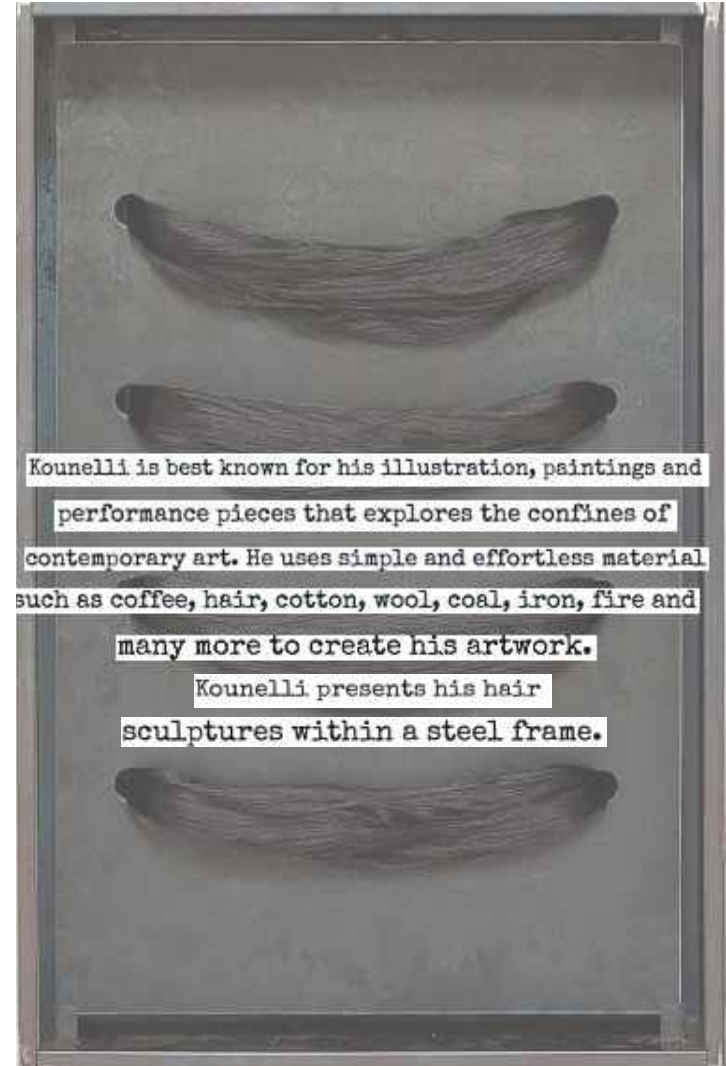
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JANNIS



KOUNELLIS



Kounelli is best known for his illustration, paintings and performance pieces that explores the confines of contemporary art. He uses simple and effortless material such as coffee, hair, cotton, wool, coal, iron, fire and many more to create his artwork.

Kounelli presents his hair sculptures within a steel frame.

CHRISTOPHER WOOL

SELL THE
HOUSE S
ELL THE C
AR SELL
THE KIDS

Wool is best known for his prominent, large-scale paintings of black stencilled typography on white canvas background.

Wool presents these words within a square canvas making it hard for his audience to read. One example which says "The harder you look, the harder you look".

THE HAR
DER YOU
LOOK
THE HAR
DER YOU
LOOK





◇ If I said body hair to you what is the first thing that comes to mind.

For me, the first thing that comes to mind is gatherings of hair on our bodies that act as a way of retaining heat and preventing skin-to-skin contact. It is just a natural part of our bodies at the end of the day, it's what makes us as humans.

◇ What is your opinion on shaving?

In my opinion, shaving is more of a case of removing any unwanted hair that you may not want to be visible. Shaving is naturally part of my personal hygiene routine, I think traditionally, shaving was seen as a way of showing that an individual 'cares' about their appearance. However, in my opinion, I think shaving should be a personal preference and people shouldn't feel pressured into it if they feel it is more beneficial to keep their body hair.

◇ Are you more likely to shave your body hair or leave it?

Personally, I am more likely to shave my body hair, particularly within the armpit area. This is mainly because it gives me confidence when wearing outfits that might sit below the armpit.

◇ What do you think when you see someone else with body hair?

When I see someone else with body hair, it doesn't overly bother me now as I think it's their choice and it's likely to be a part of their image or aesthetic. When I was younger, I used to find it hard to understand why someone would choose not to shave their body hair. This is because it wasn't really acceptable or promoted at that time for women to embrace their body hair freely.

◇ Do you think women should shave their body hair?

I think that it is down to an individual to decide whether to shave their body hair. For example, men aren't frowned upon for embracing their armpit hair or even having a large beard, so why is it acceptable for them to show it and not women? It depends on what the person wants to achieve, I think some choose not to shave as they like the look and feel confident enough to embrace it, which we shouldn't discourage.

◇ Do you prefer shaving your body hair or you are not bothered about if you have body hair or not?

I do prefer to shave my body hair because it makes me feel most comfortable, I think from a young age I've had it built into my mind that shaving should be a part of my hygiene and care routine, so it's always been a no brainer for me. However, sometimes I might not be as inclined to shave if I am wearing tops that cover the armpit area, I would rather my body hair to not be visible in my opinion.

◇ Do you feel uncomfortable to be embarrassed when you have hair upon your body?

As I say, I would much prefer to cover any body hair if I decided to not shave for any reason. I think this is because I am conscious of what other people may think if they saw me displaying my body hair freely. I think society should be able to eliminate the feeling of 'embarrassment' when it comes to choosing what to do with our own body hair, after all, we all have it.

◇ If you shave your body hair, what are you most likely to do it with. What product or item? For example, shaving foam and a razor.

I usually choose to shave my hair with a razor as it is the quickest way to do it, I do use shaving cream during the process to protect my skin. On the odd occasion I do use waxing strips, but I find this is a more uncomfortable approach.

* If I said body hair to you what is the first thing that comes to mind?

The first thing that comes to mind is armpits, legs, arms. Those are the areas of my body and I'm sure others were the most hair. Also hair upon my head, I have a lot of hair there.

* What is your opinion on shaving?

In my opinion, I feel like it is up to the individual whether or not they want to shave. I think shaving these days is such a natural thing and part of my personal routine. It is such a known thing.

* Are you more likely to shave your body hair or leave it?

I personally I someone one would shave their body hair. This is because I have such dark hair when it grows back that if I had wearing a top that shows off my armpits I would need to make sure they are shaved. The same goes for my legs and arms also. It is just something that makes me feel comfortable and I like the way it feels once I have shaved smooth and fresh.

* What do you think when you see somebody with body hair?

Honestly I don't think anything. At the end of the day it is not my place to judge or feel any different due to someone leaving the hair upon their body. I have no thoughts when I see it.

* Do you think women should shave their body hair?

I think it is the individual's choice whether they shave their body hair or not. It's generally down to the person and whether they feel comfortable with the body hair or not. As long as women feel confident and powerful then it doesn't matter.

* If you shave your body hair, what are you more likely to do it with? What products or items? For example shaving foam, razor.

I usually shave my hair with a razor. Before I shave I like to apply water and soap so I'm not doing ~~skin~~ it on dry skin. I find this a more comfortable and doesn't hurt my skin.



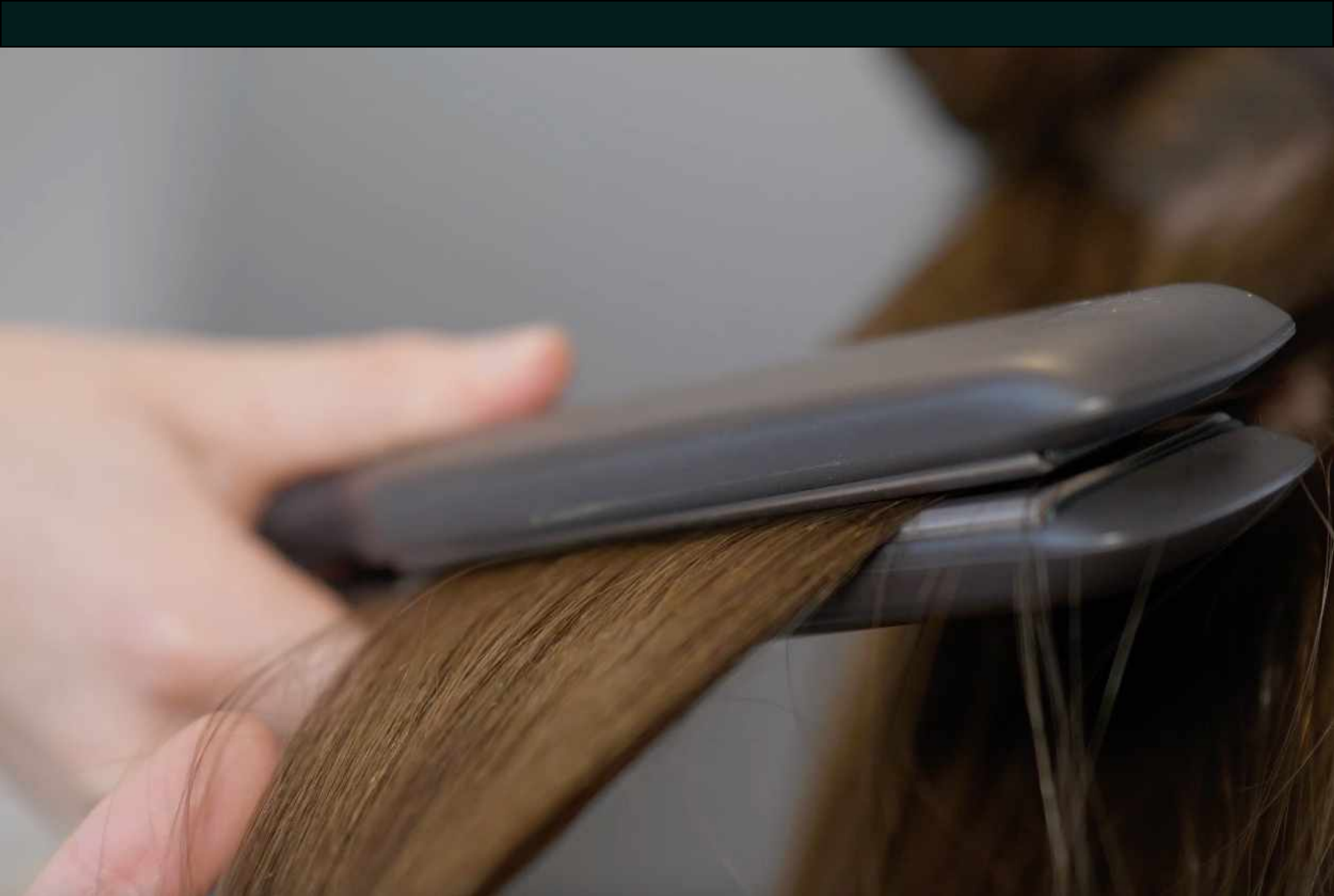
W.I.P EXHIBITION

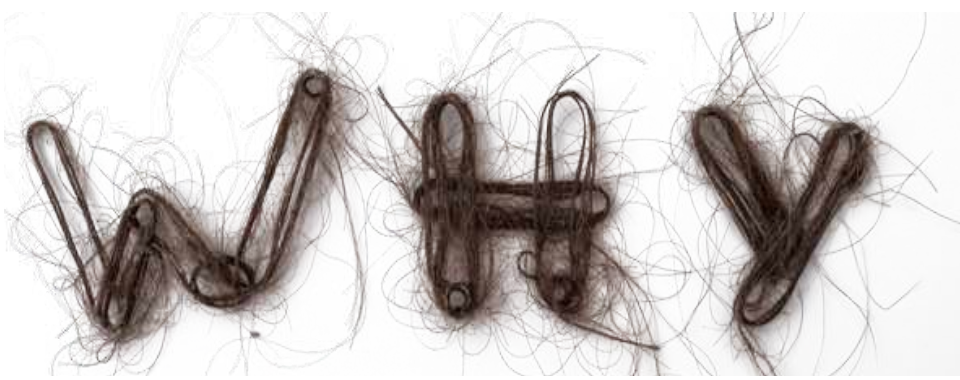


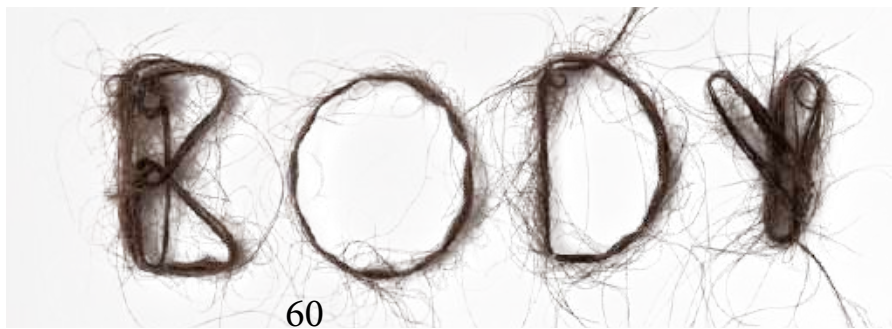
EXPERIMENTING WITH FILM









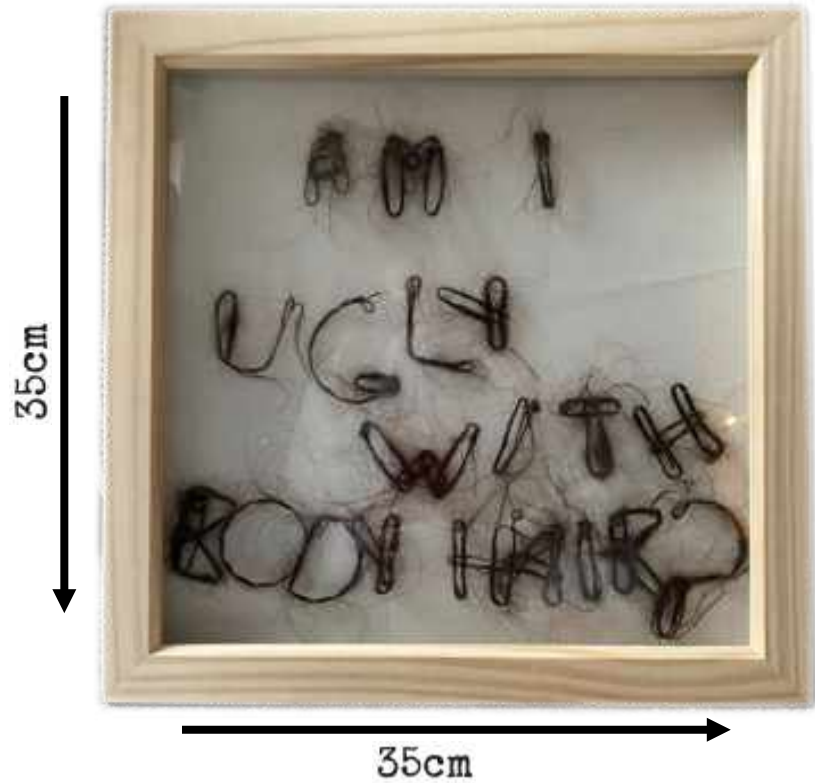


SHOULD

I

FEEL

AS H A M E E O





FINAL EXHIBITION

Body of work





A square piece of light-colored fabric with a thin, light-colored wooden frame. The fabric is covered in dark, handwritten text in a cursive, somewhat messy style. The text is arranged in four lines.

SHOULD
I
FEEL
ASHAMED?

A square piece of light-colored fabric with a thin, light-colored wooden frame. The fabric is covered in dark, handwritten text in a cursive, somewhat messy style. The text is arranged in four lines.

AM I
UGLY
WITH
BODY HAIR?