

The short film I have created is called Lucid dream. I have created short film that show people's experiences with astral projections, lucid dreaming, and other forms of spirit travelling through the art of filming. I wanted people to watch this in an environment that originated them feel more comfortable. This scenario might be in their home, out with friends or another place of comfort. For spirit travelling to be felt, one must be comfortable and relaxed to travel. Therefore, the core objective will be watching the film and investigating the issue of spirit travelling concerning the watched movie. I have been talking to people that have either been astral projecting or lucid dreaming or other forms of spiritual travelling through their experiences. I found many interesting things which I used to create this film. I finally started my own story based on other people's experiences with astral projecting. The consideration to go ahead with this was because around 4 to 5 people with interesting spiritual travelling stories. Still, it wouldn't have made sense or linked if it was just that on its own without considering my personal experiences of spiritual travelling or the research, I had done for the film.















